

SUFFOLK COUNTY PROFESSIONAL ETHICS COMMITTEE

Professional Ethics Self Assessment

Scoring the Professional Ethics Self Assessment

Determine the category where the largest number is (Always, Sometimes or Never)

If: **Always** = Professional boundaries have been maintained.

Sometimes = You may be crossing professional boundaries and it is time to re-establish those boundaries with the family.

Never = Professional boundaries have been crossed.

<u>Performance Indicators</u>	<u>Always</u>	<u>Sometimes</u>	<u>Never</u>
1) I respect the uniqueness and diversity of each client, taking into account such things as the client’s capacity, beliefs, values, choices, religion, lifestyle and culture.			
2) I identify the appropriate scope of therapeutic relationships with clients and do not exploit these relationships for nontherapeutic or personal gain, benefit or advantage.			
3) I am responsible for anticipating, establishing and maintaining appropriate boundaries with families.			
4) I do not accept a gift of greater than token value.			
5) I do not accept social invitations from clients.			
6) I do not engage in financial arrangements with families.			
7) I do not accept nontherapeutic requests made by families.			
8) I communicate in a nonjudgmental manner.			
9) I seek advice from supervisors and/or other professionals when appropriate.			
10) I recognize and effectively manage changes in interactions with a client when there is the potential for boundary crossing.			
11) I recognize and effectively manage my own emotional reactions to a client and ensure that they do not interfere with the therapeutic relationship.			
12) I accurately document all aspects of service provided to the client on log notes and reports.			
13) I refrain from spending increased time with families beyond the confines of the therapeutic relationship.			
14) I avoid disclosure of personal information or personal emotional issues to the family.			
15) I maintain my professional opinion despite a family’s request for therapy beyond what is professionally appropriate.			
16) I inform the families of the guidelines of the professional relationship.			
17) I immediately take steps to address and rectify a boundary violation when it is identified.			
18) I do not enter into a therapeutic relationship with the family with whom I have a personal relationship.			
19) I provide written documentation prior to the meeting to support any recommendations I will be making at the CPSE meeting.			
20) I respect the opinions of and collaborate with other professionals.			